



Park City Medical Center Pre-Operative Instructions

Welcome! Our goal is to provide you with the best care possible during your stay with us. These instructions will help you to prepare for your surgery.

THREE PHONE CALLS - Once your surgeon schedules your procedure, you will receive three phone calls from the hospital. Please update your home; work and cell phone numbers with your doctor so that we will be able to contact you.

- **REGISTRATION:** A clerk will call to obtain your insurance and demographic information. If we have not reached you within 5 days before your surgery, please call us at: **(435) 658-6670**.
- **PRE-SCREENING:** A registered nurse will call to review your health information and pre-operative instructions. Please alert her to any special needs and/or any medical problems (diabetes, dialysis, transplant history, bleeding disorder, sleep apnea, severe anesthesia complications, latex allergy, pacemaker/ defibrillator, etc). If you have not spoken to a nurse from the hospital by 12pm the day before surgery, please call us: **(435) 658-6889**.
- **ADMITTING TIME:** You will be notified of your arrival time after 2 p.m. on the day prior to surgery. You must be pre-screened prior to obtaining an admitting time.

PATIENT HEALTH HISTORY - All patients **MUST** complete a health history form with each admission. By giving the registration clerk your e-mail address, you can access and complete this form online. Otherwise, you will be contacted by phone for this information.

DO NOT HAVE ANYTHING TO EAT OR DRINK- starting at midnight the night before your surgery. This includes no water, ice chips, coffee, breath mints, gum or tobacco. (Unless otherwise instructed by the pre-screening nurse.)

<p>Registration Clerk (435) 658-6670</p> <p>Registered Nurse (435) 658-6889</p>

MEDICATIONS

- The pre-screening nurse will ask for a complete list of all of your prescription and over-the-counter medications and supplements (including dosages and schedules). Please be prepared to provide us with this information, even if you have already given it to your doctor.
- **DO TAKE** only the medications as instructed by the pre-screening nurse.
- **DO NOT** bring any medications to the hospital other than inhalers.
- Aspirin, Plavix, Coumadin, and NSAIDs: If you take these or any other blood thinners, notify your surgeon immediately for special instructions.

DIABETICS - DO NOT TAKE diabetic medication, including insulin, on the morning of surgery.

GOING HOME - If you are being discharged on the day of your surgery, you **MUST** arrange for a responsible person to drive you home. We strongly recommend that you also arrange for someone to be with you at home for the first 24 hours.

JEWELRY - Please leave **ALL** jewelry at home, as you will be required to remove **ALL** metal from your skin prior to surgery. Plastic spacers may be used for pierced areas.

DOCUMENTATION - Bring photo I.D. with you as well as any Insurance / Medicare / Medicaid cards or Workers Compensation documents you may have.

ADVANCE DIRECTIVES - If you have a Living Will or Medical Power of Attorney, please bring a copy with you on the day of surgery.

Thank you for helping us to serve you better!



IntermountainSM Park City Medical Center

900 Round Valley Drive in Quinn's Junction
435.658.7000 | www.ParkCityMedicalCenter.org



Exit #4 to Park City