

Surgery & Blood Thinning Medications

Notify your surgeon immediately for instructions if you are taking:

-Aspirin or aspirin products, such as Ibuprofen (Advil), Naprosyn (Naproxen, Aleve), Celebrex, Meloxicam, Diclofenac (Voltaren), Excedrin.

-Blood thinners, such as Coumadin, Plavix, Warfarin, Lovenox, Percodan, or MAO inhibitors.

You must stop taking these types of medications, ten (10) days prior to surgery.

You must stop taking all supplements two weeks prior to surgery, many contain blood thinning ingredients. Such as, Glucosamine, Fish Oil, Krill Oil, Vitamin D, Vitamin B, Vitamin E.

You must stop taking Suboxone two weeks prior to surgery. Please contact your Pain Management provider for pain medication alternatives during this pre-surgical time.

You may take Tylenol, Prescribed Narcotics, muscle relaxers (Flexeril, Soma), Ultram, or a multi-vitamin daily until the day of surgery.

If you have any questions please contact our office immediately at (801) 507-9555 or toll free at 866-804-2193.